

EFMB Test Score Sheet
TCCC — CONTROL BLEEDING USING A TOURNIQUET
 (For use of this form, see AMEDDC&S HRCOE Pam 350-10, the proponent is MCCS-OPE)

CANDIDATE'S RANK AND NAME	CANDIDATE #	
TASK: CONTROL BLEEDING USING A TOURNIQUET.		
CONDITIONS: Given a casualty who has significant extremity hemorrhage in a simulated combat environment with the necessary materials to treat the casualty.		
STANDARDS: Perform all steps and measures correctly without causing further injury to the casualty.		
NOTE: THIS TASK HAS BEEN MODIFIED FOR EFMB TESTING PURPOSES ONLY.		
PERFORMANCE STEPS/MEASURES	GO	NO-GO
1. Apply a hasty tourniquet utilizing the Combat Application Tourniquet (CAT) to control bleeding during the Care Under Fire phase of TCCC		
a. Remove CAT Tourniquet from carrying pouch.		
b. Slip the wounded extremity through the loop of the self-adhering band		
c. Position the CAT high on the extremity over the clothing/uniform		
d. Pull the free running end of the self-adhering band tight and securely fasten it back on itself (if applying to an arm wound). Do not adhere the band past the windlass clip.		
e. If applying to a leg wound the self-adhering band MUST be routed through the friction adaptor buckle, and fastened back on itself. This will prevent it from loosening when twisting the windlass clip.		
f. Twist the windlass rod until bleeding has stopped.		
EVALUATOR STATES: "THE BRIGHT RED BLEEDING HAS STOPPED," AFTER CANDIDATE TWISTS WINDLASS TO AVOID INJURY TO THE SIMULATED CASUALTY.		
CAUTION: Do NOT over-tighten the tourniquet on the simulated casualty.		
g. Lock the windlass rod in place with the windlass clip.		
NOTE: For added security (and always before moving the casualty) secure the windlass rod with the windlass strap. For small extremities, continue to wind the self-adhering band across the windlass clip and secure it under the windlass strap.		
h. Grasp the windless strap, pull it tight and adhere it to the Velcro on the windlass clip.		
i. Do not cover the tourniquet.		
2. Apply Deliberate Tourniquet utilizing a Combat Application Tourniquet (CAT) during the Tactical Field Care phase of TCCC		
a. Take Body Substance Isolation (BSI)		
b. If hasty tourniquet was applied expose and assess wound		
c. Remove CAT Tourniquet from carrying pouch.		
d. Slip the wounded extremity through the loop of the self-adhering band.		
e. Position the CAT about 2 inches above the injury site.		
NOTE: If the wound is on the lower leg or the forearm, you may not be able to completely control the bleeding with the tourniquet two inches above the wound. If not, you may have to reposition the tourniquet above the knee or elbow to completely control the bleeding.		

AMEDDC&S HRCOE PAM 350-10

f. Pull the free running end of the self-adhering band tight and securely fasten it back on itself (if applying to an arm wound). Do not adhere the band past the windlass clip.			
(1) If applying to a leg wound the self-adhering band MUST be routed through the friction adaptor buckle, and fastened back on itself. This will prevent it from loosening when twisting the windlass clip.			
g. Twist the windlass rod until bleeding has stopped.			
NOTE: Do NOT over-tighten the tourniquet on the simulated casualty.			
h. Lock the windlass rod in place with the windlass clip.			
NOTE: For added security (and always before moving the casualty) secure the windlass rod with the windlass strap. For small extremities, continue to wind the self-adhering band across the windlass clip and secure it under the windlass strap.			
i. Grasp the windless strap, pull it tight and adhere it to the Velcro on the windlass clip.			
j. Do not cover the tourniquet.			
3. Loosen hasty tourniquet			
a. Loosen hasty tourniquet and place directly above deliberate tourniquet			
b. Check for distal pulse.			
NOTE: For EFMB testing purposes, the candidate will verbalize the following measures (under Step 3. Loosen hasty tourniquet) to the evaluator.			
(1) If distal pulse is present attempt to tighten the deliberate tourniquet			
(2) If ineffective, tighten additional tourniquet directly above and next to deliberate tourniquet until pulse disappears.			
4. Expose and clearly mark all tourniquets with the time of tourniquet application.			
NOTE: Note tourniquets applied and time of application; time of re-application; time of conversion; and time of removal on the TCCC Casualty Card. Evaluated IAW Submit Tactical Combat Casualty Care Card, DD form 1380).			
EVALUATOR WRITES: TIME TOURNIQUET WAS APPLIED:			
5. If the tourniquet was applied on a casualty with an amputation, apply a dressing to cover the stump.			
6. Did not cause further injury to the casualty.			
7. Met all administrative requirements for this task			
REASON(S) FOR FAILURE		DOES THE CANDIDATE WISH TO REBUT THIS TASK? (CANDIDATE INITIALS APPROPRIATE BOX)	YES NO
LANE OIC/NCOIC INITIALS		EVALUATOR'S SIGNATURE	
		DATE	